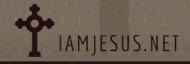
# PRAYERS of adoration



"You have made us for yourself, O Lord, and our heart is restless until it rests in you."

- Saint Augustine of Hippo

# Prayers of Adoration and Protection



Daily Devotions for families

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### INTRODUCTION

These "Prayers of Adoration and Protection" will help you grow in charity and virtue, help you seek and discover divine truth. The prayers in this book will help you purify your mind, open your heart, and sanctify your soul.

No matter where you are in your path- whether you sense the voice of God and know He is with you, or whether you are in a state of darkness and wandering toward what you believe is the light of His truth - one thing remains...

He is with you.

Every day you seek Him, every time you open your heart and say a prayer, the gift of grace will come. Sometimes it will feel like a trickle, other times it will flow until you are overwhelmed by the totality of it. But it will come. He comes. He always responds. It may not always be in the manner you wish or expect, but if you keep your heart open and humble, you will meet Him in the midst of your search, in the midst of your trials and sufferings. And He will bring peace like you've never known. He will do this because He is "I Am" and He has come to give you life, and to give it to you more abundantly.

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# ANIMA CHRISTI

a medieval prayer

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from the side of Christ, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated from Thee
From the malignant enemy defend me
In the hour of my death call me
And bid me come unto Thee
That with Thy Saints I may praise Thee
Forever and ever. Amen.

# ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin.

# PRAYER OF BLESSING

a traditional prayer for fathers

Most Sacred Heart of Jesus, I ask you to bless my family. Protect us by Your Most Precious Blood and keep us pure and holy. Unite us as a family and help us grow in virtue.

# **BINDING PRAYER**

a prayer for fathers

Jesus Christ, our Lord and God, we ask you to render all spirits impotent, paralyzed and ineffective in attempting to take revenge against any one of us here, our extended family, our friends, our community, and our nation. We ask you to protect all of us from evil spirits. We ask you to bind all evil spirits in the air, in water, in the ground, in fire, underground, and in the netherworld. We ask you to bind any satanic forces in nature and any and all emissaries of the satanic headquarters. We ask you to bind in Your Blood all of their attributes, aspects and characteristics, all of their interactions, communications, and deceitful games.

I break any and all bonds, ties and attachments in the Name of the Father, and of the Son and of the Holy Spirit.

Amen.

# JESUS MY REDEEMER

# It is my desire to love You

My God, my most gracious good, I beg You to give me the grace to accept the gift You have freely offered me. I am trapped by my own sin and selfishness, under the weight of my own wants and fears. I know You are calling me to a life of renewal, grace, and holiness. I know You have a plan for my life that I need to accept and claim. Heavenly Father, I beg You to help me. Give me the grace that I need to do Your most holy will. Surround me with angels and saints to help me battle the demons who wish to assault me with a barrage of lies. By the power of Jesus Christ, Your beloved Son, and my most wonderful redeemer, I have come to know Your infinite love and endless mercy. I beg You have mercy on me a sinner, and by the power of His holy cross, and through joining Him in a most holy suffering, that You might allow me, for the sake of my own redemption, to grow a true and deep and lasting love for You that will give me eternal life.

# I ask You to help me say, with a true and everlasting Love:

Jesus, my Redeemer, You are the just judge, holy and true. You gave us life by Your love and suffering. Teach me to suffer for the sake of Your love. Jesus, my Redeemer, You hold all power in Your hands. You are the Mighty one from God who carries the world, and is ruler over all the earth. Teach me to suffer for the sake of Your love. Jesus, my Redeemer, You are the giver of life. In You is mercy and love. In You is forgiveness of our sins. Teach me to suffer for the sake of Your love. Jesus, my Redeemer, In You is freedom of worry and freedom of pain. Only You can offer Your peace, a peace that passes all understanding. Teach me to suffer for the sake of Your love. Jesus, my Redeemer, You love me so much. You were sent from the Father. You came to save me from destruction, the lost sheep from another fold. Teach me to suffer for the sake of Your love. Jesus, my Redeemer, you are the Great Physician. You alone can heal me. Save me from the demons that seek

to destroy me and heal me of my sin that separates me from You. Teach me to suffer for the sake of Your love. Jesus, my Redeemer, Your gift of healing is alive through the Holy Spirit. I trust You will heal me. Only You can protect me from the enemy, and from the loss of my soul. Teach me to suffer for the sake of Your love. Jesus, my Redeemer, You are miracle worker for the sick, and for the lost souls. You forgive my transgressions and save me from condemnation. You cleanse me and offer to renew my life. Help me to love You with an everlasting love. Jesus, my Redeemer, You give me a clean heart full of peace. You are the Light of the World. In You is all truth. Your way Lord is the way to heavenly hope, and Your words to me are truth. Help me to love You with an everlasting love. Jesus, my Redeemer, You spoke and the world came into being. You are the giver of life. You have promised me an abundant life in You, and I desire to walk with You. Help me to love You with an everlasting love. Jesus, my Redeemer, You are the vine, protect me from the evil one so that I may be grafted to You. I want to be a branch, ever dependent on You and your church as my source of love and light. Help me to love You with an everlasting love. Jesus, my Redeemer, You carry all knowledge and all power. You Lord are my medicine. Your words Lord are truth and life. Help me put my trust in You. You Lord are my greatest good. You know my thoughts, my fears, and You feel my pain. Teach me to suffer for the sake of Your love, so that I may grow to love You with an everlasting love, and serve You faithfully all the remaining days of my life, and merit to see You, face to face, on that glorious day, when You call me into your presence and say, 'Well done, my good and faithful servant.' Lord, in my suffering I choose to unite myself to You. I will carry my cross, with an everlasting love for You, for having given it to me, in Your mercy and wisdom, for the sake of my own redemption and for the salvation of those most dear in my heart. You are my most loving, most merciful Savior. To You be all glory, honor and praise. Amen.

# LITANY OF HUMILITY

by Cardinal Merry del Val

O Jesus meek and humble of heart, Hear me.

From the desire of being esteemed, Deliver me, Jesus.

From the desire of being loved, Deliver me, Jesus.

From the desire of being extolled, Deliver me, Jesus.

From the desire of being honored, Deliver me, Jesus.

From the desire of being praised, Deliver me, Jesus.

From the desire of being preferred to others, Deliver me, Jesus.

> From the desire of being consulted, Deliver me, Jesus.

> From the desire of being approved, Deliver me, Jesus.

> From the fear of being humiliated, Deliver me. Jesus.

From the fear of being despised, Deliver me, Jesus.

From the fear of suffering rebukes, Deliver me, Jesus. From the fear of being calumniated,
Deliver me, Jesus.
From the fear of being forgotten,
Deliver me, Jesus.
From the fear of being ridiculed,
Deliver me, Jesus.
From the fear of being wronged,
Deliver me, Jesus.
From the fear of being suspected,
Deliver me, Jesus.

That others may be loved more than I, Jesus, grant me the grace to desire it. That others may be esteemed more than I, Jesus, grant me the grace to desire it. That in the opinion of the world, others may increase, and I may decrease, Jesus, grant me the grace to desire it. That others may be chosen and I set aside, Jesus, grant me the grace to desire it. That others may be praised and I unnoticed, Jesus, grant me the grace to desire it. That others may be preferred to me in everything, Jesus, grant me the grace to desire it. That others may become holier than I, provided that I become as holy as I should, Jesus, grant me the grace to desire it.

# THE HOLY ROSARY

The Rosary is an ancient prayer that helps us contemplate the love of God through Christ Jesus. It is a prayer of meditation that makes you contemplate Jesus' incarnation and birth, ministry, passion and death, and finally, His resurrection. It's the entire story of salvation on a set of 59 beads that can help us contemplate every single day the wonderful sayior He is in our lives and in our world.

The main prayers of the rosary are the "Our Father" (the prayer Jesus taught us in the Gospel), and the "Hail Mary" (the words of the angel and of Elizabeth as written in Luke chapter 1). The rosary has been a principal devotion of the faithful and has been in use all through the centuries, from the time of the apostles and disciples down to the present, although it has changed in form many times over the years.

# HOW TO PRAY THE ROSARY

The rosary is a daily devotion that can be prayed throughout the day or all at once. There are 20 mysteries in all, and they are broken into four sets: Joyful Mysteries, Luminous Mysteries, Sorrowful Mysteries, and Glorious Mysteries. Typically the Joyful Mysteries are said on Mondays and Saturdays, the Luminous Mysteries are said on Thursdays, the Sorrowful Mysteries are said on Tuesdays and Fridays, and the Glorious Mysteries are said on Wednesdays and Sundays. Some people pray the whole rosary every day, and break it up into 4 separate prayers, morning, noon, evening, and night. The entire rosary can be said in 15-20 minutes, and while one is praying the Hail Mary prayers they should be contemplating the mystery that they are on. You can do this by envisioning the scene in your mind.

# THE HOLY ROSARY

### BENEFITS OF THE ROSARY

The rosary is a wonderful prayer for growing in virtue and holiness and for praying with your family. It is meant to be prayed as a group but can also be prayed alone. It is an effective prayer for protection against evil, which is why this devotion is strongly embraced by the pro-life movement. Once you become familiar with it, this becomes a prayer that you can pray anywhere and anytime. It will increase your faith, strengthen your love of God, and help you grow in virtue.

# INTRODUCTION

The prayers of the rosary are a scriptural walk through the life of Jesus as seen by Mary His mother. It is a meditation and should be prayed slowly while envisioning each mystery in the life of Jesus. The rosary begins on the crucifix and moves along the 59 beads. The first prayers are the "Apostles Creed" the "Our Father" and three "Hail Marys" which are prayed for an increase in FAITH, HOPE, and LOVE.

# THE MYSTERIES

The big beads begin with one of 5 mysteries on the life of Jesus and after the mystery an "Our Father" is prayed on that bead. The small beads are "Hail Mary" prayers. After the 10th "Hail Mary" we recite the "Glory Be" prayer and the "Fatima" prayer, which were later added and do not have a bead, so we keep our fingers on the chain before the next "Our Father" bead.

#### THE CLOSING PRAYERS

We end the rosary with "Hail Holy Queen" and the "Rosary Prayer".

# **APOSTLE'S CREED:**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

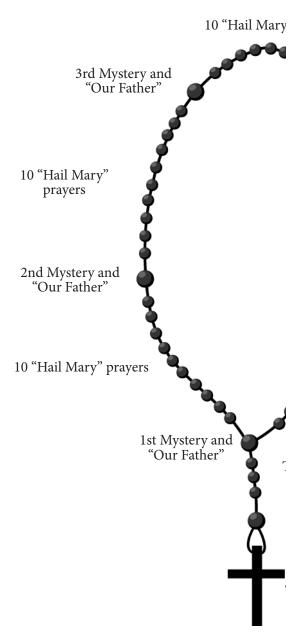
### **OUR FATHER:**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses; as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

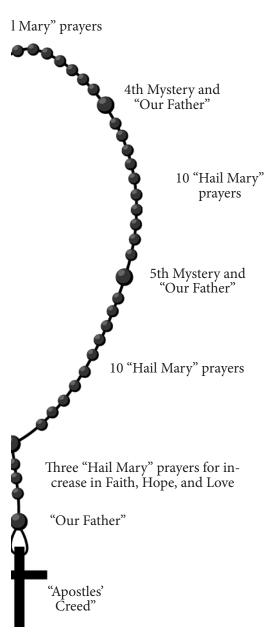
### HAIL MARY:

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women; and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

# THE HOLY



# LY ROSARY



## **GLORY BE:**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

# **FATIMA PRAYER:**

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy.

# HAIL HOLY QUEEN:

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

### ROSARY PRAYER:

Let us pray: O God, whose onlybegotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life; grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.



# THE FIRST JOYFUL MYSTERY

We offer you, O Lord Jesus, this first decade in honor of The Annunciation, and we ask you through this mystery and through the intercession of your holy Mother, the gift of humility. May the Holy Spirit give us wisdom and understanding to dominate our passions and overcome our pride. The Gospel according to Luke chapter 1 verse 28 "And when the angel had come to her, he said, "Hail, full of grace, the Lord is with you."

# THE SECOND JOYFUL MYSTERY

We offer you, O Lord Jesus, this second decade in honor of The Visitation, and we ask you through this mystery and through the intercession of your holy Mother, the gift of love of neighbor. May the Holy Spirit give us the knowledge to understand the ways of God through being a good neighbor to all, even those who persecute us. The Gospel according to Luke chapter 1 verses 41 and 42 "Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb."

# THE THIRD JOYFUL MYSTERY

We offer you, O Lord Jesus, this third decade in honor of The Nativity, and we ask you through this mystery and through the intercession of your holy Mother, the gift of poverty in spirit. May the Holy Spirit strengthen our desire to live like the saints by giving us the gift of counsel. The Gospel according to Luke chapter 2 verse 7 "She gave birth to her firstborn Son. She wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the inn."

# THE FOURTH JOYFUL MYSTERY

We offer you, O Lord Jesus, this fourth decade in honor of Your Presentation in the Temple, and we ask you through this mystery and through the intercession of your holy Mother, the gift of obedience to Your Holy Will. May the Holy Spirit give us a holy fear of disobeying God and sinning against Him. The Gospel according to Luke chapter 2 verses 22 and 23 "When the days were completed for their purification according to the law of Moses, they took Him up to Jerusalem to present Him to the Lord, just as it is written in the law of the Lord, "Every male that opens the womb shall be consecrated to the Lord."

# THE FIFTH JOYFUL MYSTERY

We offer you, O Lord Jesus, this Fifth decade in honor of Mary's finding You in the Temple, and we ask you through this mystery and through the intercession of your holy Mother, the gift of spiritual joy. May the Holy Spirit give us the gift of fearlessness so that we have both joy and hope even in suffering. The Gospel according to Luke chapter 2 verse 46 "After three days they found Him in the temple, sitting in the midst of the teachers, listening to them and asking them questions."



## THE FIRST LUMINOUS MYSTERY

We offer you, O Lord Jesus, this first decade in honor of Your Baptism, and we ask you through this mystery and through the intercession of your holy Mother, the gift of openness to the Holy Spirit. May the Holy Spirit enlighten us to understand God's ways. The Gospel according to Matthew chapter 3 verses 16 and 17 "After Jesus was baptized... the heavens were opened, and he saw the Spirit of God descending like a dove and coming upon Him. And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased."

#### THE SECOND LUMINOUS MYSTERY

We offer you, O Lord Jesus, this second decade in honor of The Wedding Feast at Cana, and we ask you through this mystery and through the intercession of your holy Mother, the gift of finding you, Jesus, through Mary our mother. May the Holy Spirit give us the knowledge of divine truth. The Gospel according to John chapter 2 verses 5 through 7 "His mother said to the servers, "Do whatever He tells you."... Jesus told them, "Fill the jars with water." So they filled them to the brim.

#### THE THIRD LUMINOUS MYSTERY

We offer you, O Lord Jesus, this third decade in honor of The Proclamation of the Kingdom of God, and we ask you through this mystery and through the intercession of your holy Mother, the gift of true repentance for our sins and a conversion of our hearts. May the Holy Spirit admonish us and reveal our sins. The Gospel according to Matthew chapter 10 verses 7 and 8 "As you go, make this proclamation: "The kingdom of heaven is at hand." Cure the sick, raise the dead, cleanse lepers, drive out demons. Without cost you have received; without cost you are to give."

#### THE FOURTH LUMINOUS MYSTERY

We offer you, O Lord Jesus, this fourth decade in honor of The Transfiguration, and we ask you through this mystery and through the intercession of your holy Mother, the gift of desiring holiness. May the Holy Spirit strengthen our sanctity. The Gospel according to Luke chapter 9 verse 29 and 35 "While he was praying His face changed in appearance and his clothing became dazzling white. Then from the cloud came a voice that said, "This is My chosen Son; listen to Him."

### THE FIFTH LUMINOUS MYSTERY

We offer you, O Lord Jesus, this fifth decade in honor of The Institution of the Eucharist, and we ask you through this mystery and through the intercession of your holy Mother, the gift of love and adoration for the Eucharist. May the Holy Spirit give us a fear of offending God. The Gospel according to Luke chapter 22 verses 19 and 20 "Then He took the bread, said the blessing, broke it, and gave it to them, saying, "This is My body, which will be given for you..." And likewise the cup after they had eaten, saying, "This cup is the new covenant in My blood."



### THE FIRST SORROWFUL MYSTERY

We offer you, O Lord Jesus, this first decade in honor of The Agony in the Garden, and we ask you through this mystery and through the intercession of your holy Mother, the gift of humbly accepting God's will. May the Holy Spirit strengthen our understanding. The Gospel according to Luke chapter 22 verses 44 and 45 "He was in such agony and He prayed so fer vently that His sweat became like drops of blood falling on the ground. When He rose from prayer and returned to His disciples, He found them sleeping from grief."

#### THE SECOND SORROWFUL MYSTERY

We offer you, O Lord Jesus, this second decade in honor of The Scourging at the Pillar, and we ask you through this mystery and through the intercession of your holy Mother, the gift of purity in our bodies, minds, and spirits. May the Holy Spirit strengthen our zeal for chastity, help us grow in wisdom, and increase our love for others. The Gospel according to Luke chapter 23 verses 14 through 16 [Pilate said:] "I have conducted my investigation in your presence and have not found this man guilty of the charges you have brought against Him, nor did Herod, for he sent him back to us. So no capital crime has been committed by Him. Therefore I shall have Him flo ged and then release Him."

#### THE THIRD SORROWFUL MYSTERY

We offer you, O Lord Jesus, this third decade in honor of The Crowning with Thorns, and we ask you through this mystery and through the intercession of your holy Mother, the gift of courage and self-control. May the Holy Spirit help us persevere when we are weak. The Gospel according to John chapter 19 verses 2 and 3 "And the soldiers wove a crown out of thorns and placed it on His head, and clothed Him in a purple cloak, and they came to Him and said, "Hail, King of the Jews!" And they struck Him repeatedly."

## THE FOURTH SORROWFUL MYSTERY

We offer you, O Lord Jesus, this fourth decade in honor of The Carrying of Your Cross, and we ask you through this mystery and through the intercession of your holy Mother, the gift of patience amid suffering and persecution. May the Holy Spirit give us holy love for others even in the face of evil. The Gospel according to Luke chapter 23 verse 26 "As they led Him away they took hold of a certain Simon, a Cyrenian, who was coming in from the country; and after laying the cross on him, they made him carry it behind Jesus."

#### THE FIFTH SORROWFUL MYSTERY

We offer you, O Lord Jesus, this fifth decade in honor of Your Crucifixion and Death, and we ask you through this mystery and through the intercession of your holy Mother, the gift of perseverance. May the Holy Spirit strengthen our fortitude to overcome all obstacles preventing personal holiness. The Gospel according to John chapter 19 verses 28 through 30 "After this, Jesus knew that everything had now been completed and, so that the scripture should be completely fulfilled, he said: "I am thirsty." A jar of sour wine stood there; so, putting a sponge soaked in the wine on a hyssop stick, they held it up to his mouth. After Jesus had taken the wine, He said, "It is fulfilled" and bowing His head, He gave up His spirit."



#### THE FIRST GLORIOUS MYSTERY

We offer you, O Lord Jesus, this first decade in honor of The Resurrection, and we ask you through this mystery and through the intercession of your holy Mother, the gift of faith. May the Holy Spirit give us understanding of Your holy ways. The Gospel of Mark chapter 16 verse 6 "Do not be amazed! You seek Jesus of Nazareth, the crucified. He has been raised; He is not here. Behold the place where they laid Him."

### THE SECOND GLORIOUS MYSTERY

We offer you, O Lord Jesus, this second decade in honor of The Ascension, and we ask you through this mystery and through the intercession of your holy Mother, the gift of hope. May the Holy Spirit strengthen our willingness to follow Your good counsel in our lives. The Gospel according to Mark chapter 16 verses 19 and 20 "And so the Lord Jesus, after He had spoken to them, was taken up into heaven; there at the right hand of God He took his place, while they, going out, preached everywhere, the Lord working with them and confirming the word by the signs that accompanied it."

### THE THIRD GLORIOUS MYSTERY

We offer you, O Lord Jesus, this third decade in honor of The Descent of the Holy Spirit, and we ask you through this mystery and through the intercession of your holy Mother, the gift of filial love for You that keeps us most reverent. May the Holy Spirit strengthen our piety and love for You. The Acts of the Apostles chapter 2 verses 1 through 4 "When Pentecost day came round, they had all met together, when suddenly there came from heaven a sound as of a violent wind which filled the entire house in which they were sitting; and there appeared to them tongues as of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit and began to speak different languages as the Spirit gave them power to express themselves."

#### THE FOURTH GLORIOUS MYSTERY

We offer you, O Lord Jesus, this fourth decade in honor of The Assumption of Mary, and we ask you through this mystery and through the intercession of your holy Mother, the gift of a happy death. May the Holy Spirit strengthen our knowledge of the one true faith. The Gospel according to Luke chapter 1 verses 46 through 50 "And Mary said: My soul proclaims the greatness of the Lord and my spirit rejoices in God my Saviour; because he has looked upon the humiliation of his servant. Yes, from now onwards all generations will call me blessed, for the Almighty has done great things for me. Holy is his name, and his faithful love extends age after age to those who fear him."

#### THE FIFTH GLORIOUS MYSTERY

We offer you, O Lord Jesus, this fifth decade in honor of The Coronation of Mary as Queen of Heaven and Earth, and we ask you through this mystery and through the intercession of your holy Mother, the gift of trusting in Mary as our Mediatrix. May the Holy Spirit give us wisdom and counsel through her intercession. The book of Revelation chapter 12 verse 1 "A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet and on her head a crown of twelve stars."

# LITANY OF SAINTS

Lord, have mercy. Christ, have mercy. Lord, have mercy. Christ, hear us. Christ, graciously hear us.

God the Father of Heaven, have mercy on us. God the Son, Redeemer of the world, have mercy on us.

God the Holy Spirit, have mercy on us.

Holy Trinity, one God, have mercy on us.

Holy Mary, pray for us.

Holy Mother of God, pray for us.

Holy Virgin of virgins, pray for us.

St. Michael the Archangel, pray for us.

St. John the Baptist, pray for us.

St. Joseph, pray for us.

St. Christopher, pray for us.

St. Catherine of Siena, pray for us.

St. Elizabeth Ann Seton, pray for us.

St. Rita of Cascia, pray for us.

St. John, pray for us.

St. Thomas, pray for us.

St. Patrick, pray for us.

St. Thomas Aquinas, pray for us,

St. Augustine, pray for us.

St. Benedict, pray for us.

St. Dominic, pray for us.

All you angels and saints we beseech you, hear us.

All you Holy Men and Women, Saints of God, make intercession for us.

make intercession for us.

Be merciful, spare us, O Lord. Be merciful, graciously hear us, O Lord.

From all evil, O Lord, deliver us.

Be merciful, spare us, O Lord.

Be merciful, graciously hear us, O Lord.

From all evil, O Lord, deliver us.

From all sin, deliver us.

From your wrath, deliver us.

From sudden and unprovided death, deliver us.

From the snares of the devil, deliver us.

From anger, and hatred, and all ill-will, deliver us.

From the spirit of fornication, deliver us.

From lightning and tempest, deliver us.

From the scourge of earthquake, deliver us.

From plague, famine and war, deliver us.

From everlasting death, deliver us.

Through the mystery of your holy Incarnation, deliver us.

Through your Coming, deliver us.

Through your Nativity, deliver us.

Through your Baptism and holy Fasting, deliver us.

Through your Cross and Passion, deliver us.

Through your Death and Burial, deliver us.

Through your holy Resurrection, deliver us.

Through your admirable Ascension, deliver us.

Through the coming of the Holy Spirit, deliver us.

In the day of judgment, deliver us.

We sinners, we beseech you, hear us.

That you would spare us, we beseech you, hear us.

That you would pardon us, we beseech you, hear us.

That you would bring us to true penance, we beseech you, hear us. That you would deign to govern and preserve your holy

Church we beseech you, hear us.

Lamb of God, who take away the sins of the world, spare us, O Lord. Lamb of God, who take away the sins of the world, graciously hear us, O Lord. Lamb of God, who take away the sins of the world, have mercy on us.

Christ, hear us. Christ, graciously hear us. Lord, have mercy. Christ, have mercy. Lord, have mercy. Amen.

# PURITY PRAYER

Jesus, pour Thy Precious Blood over me, my body, mind, soul and spirit; my conscious and my sub-conscious; my intellect and will; my feelings, thoughts, emotions and passions; my words and actions; my vocation, my relationships, family, friends and possessions. Protect with Thy Precious Blood all other activities of my life. Lord I dedicate all of these things to Thee, and I acknowledge Thee as Lord and Master of all.

Mary, Immaculate Conception, pure and holy Virgin Mother of Our Lord Jesus Christ, draw me under Thy veil; guard me and shield me against all attacks and temptations that would violate the virtue of chastity.

Lord Jesus Christ, I beg Thee for the grace to remain guarded beneath the protective mantle of Mary, surrounded by the holy briar from which was taken the Holy Crown of Thorns, and saturated with Thy Precious Blood in the power of the Holy Spirit, with our Guardian Angels for the greater glory of the Father.

Amen.

# PRAYER TO ST. MICHAEL by Pope Leo XIII

Saint Michael Archangel, Defend us in battle,
Be our protection against the wickedness and snares
of the devil; May God rebuke him, We humbly pray;
and do thou, O Prince of the heavenly host,
By the power of God, Cast into hell
Satan and all the evil spirits who prowl through
the world seeking the ruin of souls. Amen.

# PARDON PRAYER

My God, I believe, I adore, I hope and I love Thee! I ask pardon for those who do not believe, do not adore, do not hope and do not love Thee.

# ANGELS PRAYER AT FATIMA

Most Holy Trinity – Father, Son and Holy SpiritI adore Thee profoundly. I offer Thee the most precious
Body, Blood, Soul and Divinity of Jesus Christ, present in all
the tabernacles of the world, in reparation for the outrages,
sacrileges, and indifferences whereby He is offended.
And through the infinite merits of His Most Sacred Heart
and the Immaculate Heart of Mary,
I beg of Thee the conversion of poor sinners.
Amen.

# PRAYER OF DIVINE PRAISES

Blessed be God.
Blessed be His holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be the name of Mary, Virgin and Mother.
Blessed be God in His angels and in His saints.
Blessed be Saint Joseph, her most chaste Spouse.

